



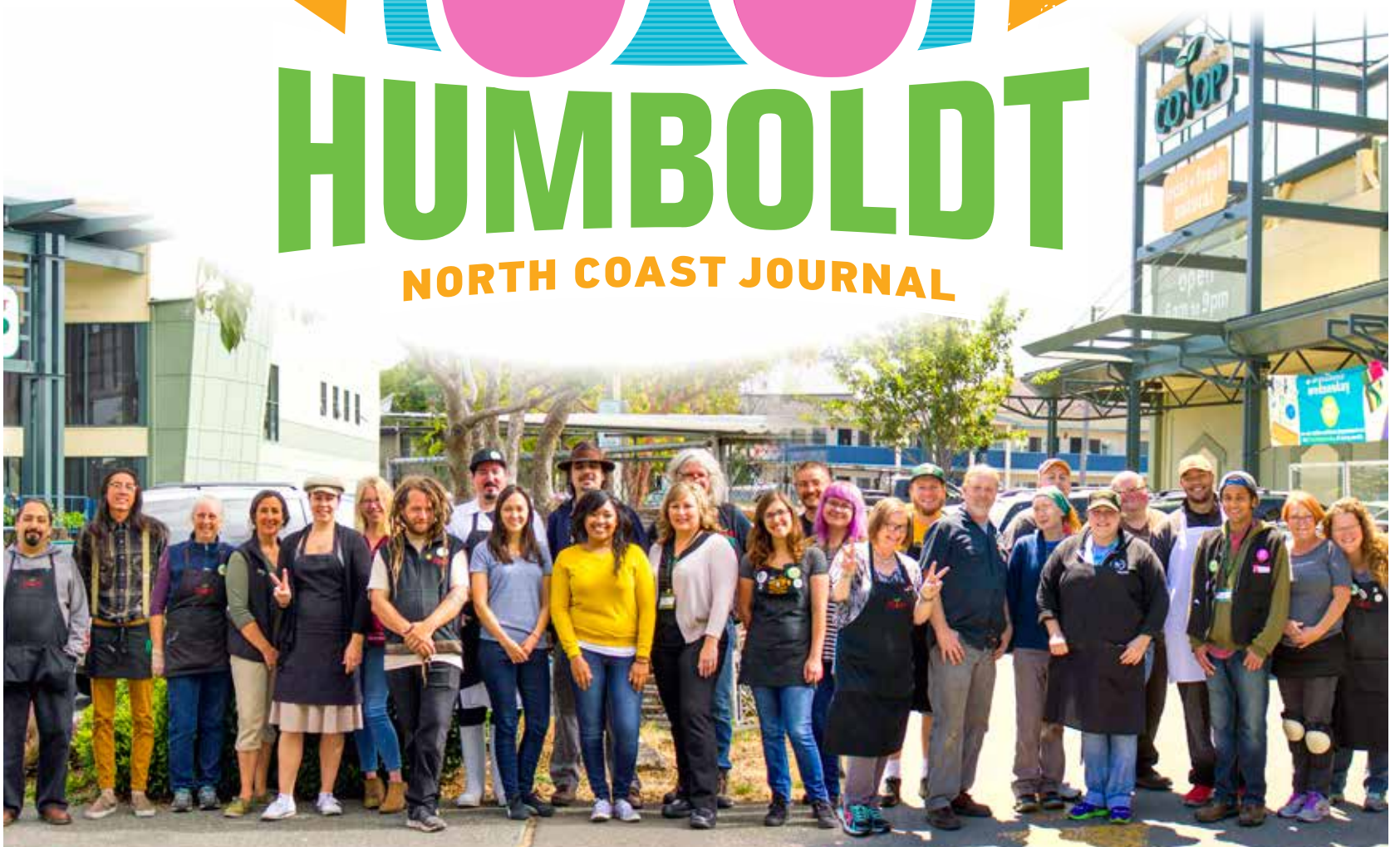
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CO-OP NEWS

A Publication of the North Coast Co-op • Sept 2016

Thank you for making us #1 again!

Voted Best Grocery Store
& Deli/Meat Market



local food month p.2 member giveaway p.4

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CO-OP NEWS
NORTH COAST CO-OP
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THE COOPERATIVE PRINCIPLES:

- Voluntary & Open Membership
- Democratic Member Control
- Member Economic Participation
- Autonomy & Independence
- Education, Training & Information
- Cooperation Among Cooperatives
- Concern for Community

The Co-op does not officially endorse the services or products of any paid advertiser. All articles, columns and letters are the expressed opinion of the author and not the Co-op News.

LETTERS TO THE EDITOR

Letters must include your name, address, member #, and telephone #. Letters should be kept to a maximum of 250 words and may be edited. We regret that we may not be able to publish all letters due to limited space. Email your letters to co-opnews@northcoast.coop or send them to: Co-op News, 811 I Street, Arcata, CA 95521. Deadline for letters is the 10th of each month.

Board of Directors Announces New General Manager

By North Coast Co-op Board of Directors

At the end of the board of directors meeting on August 4, the board announced that we had selected Melanie Bettenhausen as the Co-op's new General Manager following an extensive national search. Melanie, who had been serving as the Co-op's Marketing & Membership Director, took over the top spot a week later on August 12.

The board was very pleased with the number of highly qualified candidates who applied for the General Manager position. After a rigorous evaluation process, however, it became clear to us that Melanie was the best choice for the job. We were and still are impressed with her vision for the Co-op. We're also impressed with her commitment to the organization, to its member-owners and employees, and to the cooperative values and principles. We expect the Co-op to thrive under Melanie's leadership, with great results for all three of our bottom lines—our finances, our community, and our environment.

Melanie has served as a manager at the Co-op for nearly a decade, during which time she has overseen the organization's engagement with its member-owners and the local community. She is well known in local business and non-profit circles—and among our member-owners!—as an advocate for the Co-op and for sustainable, local food and agriculture.

Member-owners may remember that the Co-op's previous General Manager resigned in late 2015. Long-time Co-op

merchandiser Ron Sharp served as Interim General Manager while the board conducted its search for a permanent replacement. The board is extremely grateful to Ron for his invaluable service to the Co-op. Like Ron, Melanie is intimately familiar with the Co-op's operations, and we are seeing a smooth transition in leadership. We look forward to working with her for many years to come!



General Manager Melanie Bettenhausen & Board President Dave Feral sign Melanie's contract in the Co-op's Ten Pin Building.



Candidate Forum

September 9, 6:30-9:30pm
 Ten Pin Building at 793 K Street in Arcata

Meet the candidates running for
 North Coast Co-op Board of Directors.

The Candidate Forum schedule is as follows:

- 6:30pm—doors open
- 6:45pm—Candidate Forum
- 7:30pm—Food for Change film begins
- 9:00pm—discussion and closing

After the forum, stay for a showing of the film:
Food for Change: the story of cooperation in America.

Food For Change is an 82-minute documentary film focusing on food co-ops as a force for dynamic social and economic change in American culture. This is the first film to examine the important historical role played by food co-ops, their pioneering quest for organic foods, and their current efforts to create regional food systems. Additionally, the film shows how cooperatives today strengthen local economies and build food security. The goal is to educate a wide audience about the principles of cooperation with a focus on healthy food and a healthy economy.



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Join the Eat Local Challenge



Ivy Matheny

Director of Programs
North Coast Growers'
Association Farmers' Market

September is Eat Local Month, and the North Coast Growers' Association farmers' markets, in partnership with the North Coast Co-op, challenge you to up your game in eating delicious, fresh, Humboldt-grown food for the annual Eat Local Challenge, which runs from September 2 to September 30. Whether you regularly eat local foods or you are interested in learning more about how to find and cook fresh and local new-to-you ingredients, this Challenge is for you!

The Eat Local Challenge is a great opportunity to support our friends and neighbors who work hard to grow high quality foods for our families while also enjoying the health and flavor benefits of eating the freshest food available.

At your local North Coast Growers' Association farmers' markets in Eureka, Arcata and McKinleyville, know that all the produce, meat, eggs, beans and grains come only from farms within Humboldt County (and all are GMO free). Visit the Co-op and look for shelf tags that tell you which products have been processed locally.

Many of us choose to buy local products regularly, but how many of us have made meals cooked entirely with locally grown or raised ingredients? Take a look at the product labels themselves to see if the ingredients were grown locally as well as packaged or processed locally.

Access to quality food should be a right and not a privilege, yet many of us find it hard to fit high quality foods into our tight budgets. In addition to fresh food buying tips, you will find suggestions on eating local foods on a budget when you sign up for the Challenge. Those with SNAP (Supplemental Nutrition Incentive) EBT cards can use benefits at all Eureka, Arcata and McKinleyville farmers' markets. The Market Match program is available to help stretch EBT benefits even further. Vouchers for SSI recipients are also available at these farmers' markets thanks to a generous grant from St. Joseph Health.

To take part in the Challenge, visit your local farmers' market info booth in Arcata, Eureka, and McKinleyville or the Customer Service desk at either North Coast Co-op location and choose your Challenge

level on your pledge card. At all farmers' markets and on select dates at the Co-op, you will be given an opportunity to spin the prize wheel to win a free mug or t-shirt. Place your pledge card on your fridge or office bulletin board to remind yourself of your goals and share your experience with your family and friends.

The Eat Local Challenge can also be a fun way to jump into all the activities planned for the 10th anniversary of Humboldt's Local Food Month, including visiting local farms, going to food tastings, and attending workshops and film screenings. More information on Local Food Month can be found at localfoodmonth.org.

More information about the Eat Local Challenge can be found at farmers' market info booths, at humfarm.org, or by calling (707) 441-9999. Information can also be found at Customer Service at both North Coast Co-op locations.



Challenge Levels

Committed Localvore:

For at least one meal per week, I will make a meal with only locally grown or locally processed foods.

Lifestyle Localvore:

For at least one meal per day, I will make a meal with only locally grown or locally processed foods.

Extreme Localvore:

For at least one meal per week, I will make a meal with only locally grown ingredients.

Hardcore Localvore:

For at least one meal per day, I will make a meal with only locally grown ingredients.



#eatlocalchallenge

Humboldt

10th Anniversary Local Food Month



September 2016

Tours * Dinners * Tastings
Festivals * Workshops

For Full Calendar of Events, visit:

localfoodmonth.org

Join the Fun!

Visit

www.localfoodmonth.org
for a complete listing of
events, updated daily.

Be part of the Eat Local
Challenge, Join at
Saturday farmers'
market on the Arcata
Plaza.

Activities include
Humboldt Made tours,
farm tours, and food
tastings on the Arcata
Plaza on Saturdays in
September.

Printed schedules are
available at many local
businesses and
organizations including
North Coast Co-op as
well as various Humboldt
County farmers'
market info booths.



August Board Notes



Peggy Leviton
Board Member and Treasurer

August was another busy month! The board of directors meeting had great attendance and participation at the Co-op's Ten Pin Building. Board meeting structure traditionally limits member comments to beginning and ending comment periods. Members voiced concern that this is sometimes insufficient. President Dave Feral affirmed that members might also comment during discussion prior to board votes, time-permitting. This new approach proved successful, even with this jam-packed agenda.

Employee Election Results

The Employee Election ended July 26 with I.T. Technician Ed Smith receiving the highest votes. President Dave appointed Ed to the board as the new employee director. Congratulations and welcome to the board, Ed!

New Product Selection

Alisha Hammer, Interim Merchandising Manager, discussed the decision tree used for new product selection. This process considers member requests and needs, and assesses GMO policy compliance, whether a product is local, and comparison with current regional trends. Our co-op is "ahead of the trend" on many items in stock.

Meat Processing in Humboldt County

Fawn Scheer and Erin Derden-Little presented their research acquired while conducting a USDA-funded feasibility study focusing on local meat processing at Redwood Acres. Local farmers currently travel to Sonoma County and/or Oregon for processing at USDA-certified facilities before bringing their products back to Humboldt County markets. The board supports efforts to localize certified meat processing, which may include advocacy for state policy change. We look forward to their final report and recommendations.

Committee Updates

All members are encouraged to attend committee meetings, the Co-op forum where member-owners propose change and lively conversations often ensue. Committee members participate equally in decisions. Committee descriptions and meeting reminders will be posted in both stores for employee reference.

Board Secretary Colin Fiske reported that the Member Action Committee (MAC) recommended pursuing an agreement with

the Union to define opportunities for member-owner volunteers. Also, Annual Membership Meeting activities will be coordinated between the MAC and Nominating Committees (NC).

The NC handles and oversees all board election activities. Director Leah Stamper reported the approval of three applications for this year's two general director vacancies. Mary Ella Anderson, Robert Donovan, and F. Robert Sataua will be on the ballot. The Candidate Forum is September 9 and includes a screening of the film *Food For Change*. Details can be found at northcoast.coop/calendar.

The board approved two Earth Action Committee (EAC) recommendations. Currently, staff members Jolie and Kiya are trained and continuing Brenda Harper's award-winning work with the Co+efficiency program. The EAC recommended creating a staff sustainability position to be responsible for tracking, reporting, and formulating sustainability strategies and coordinating "green teams". The second recommendation is to research the feasibility of installing OZZI reusable take-out container systems as an alternative for bulk and/or deli packaging. Look for updates on these projects in coming months.

Until further notice, board and committee meetings will be held at the Ten Pin Building. Efforts are being made to find a suitable Eureka venue to alternate board meetings. Stay tuned.

Drumroll ...

After meeting in executive session Board President Dave announced North Coast Co-op Marketing & Membership Director Melanie Bettenhausen as the new General Manager. Congratulations to Melanie! We look forward to working with her in leading the North Coast Co-op as a model of co-operative principles and values!

Member Action Committee Guest Speaker

Patty Clary, director of Californians for Alternatives to Toxics (CATS), will give a short presentation on chemical sensitivity and the general population at the September meeting of the Member Action Committee. There will be time for questions and answers.

The Member Action Committee will be meeting on Wednesday, September 14, from 6 to 7pm in the Ten Pin Building at 793 K Street in Arcata. Please join us!

Election Updates

Leah Stamper

Nominating Committee Chair

Election season is upon us at the North Coast Co-op! We want members informed and engaged in the election process. This year we have three candidates running for two seats on the board of directors: Mary Ella Anderson, Robert Donovan, and F. Robert Sataua.

Meet The Candidates

On Friday, September 9 there will be a Candidate Forum at the Ten Pin Building where member-owners can come meet candidates and hear their responses to questions submitted by member-owners. If you have a question that you would like to have asked, please submit it to board@northcoast.coop. In addition to the Candidate Forum, we will also be showing the movie *Food for Change*. Some snacks will be provided; please bring camp chairs or other comfortable seating to view the film.

Voting and Campaigning

The general election begins on October 3. This is when you can start voting and can-

didates start campaigning. If you see candidates tabling outside the stores, please say hello! Get to know the people who are hoping to represent you on the board of directors. The election ends October 26 at store closing. Candidates will be notified of the results on October 28 and begin their terms November 1.

Annual Membership Meeting

This year at the Annual Membership Meeting on Saturday October 22, there will be opportunity for member-owners to "meet and greet" the candidates. In previous years, the election has concluded before the Annual Membership Meeting, but this year you will still have time to vote. Since the election doesn't end until October 26, member-owners will still have six days to make decisions and turn in completed ballots. We hope that this will provide a valuable opportunity for interaction and participation in the election process.

We are looking forward to a great election season and hope to see you at the Candidate Forum and the Annual Membership Meeting. This is our co-op, let your voice be heard!

Introducing Co-op's New General Manager



Melanie Bettenhausen
General Manager

can accomplish, but I am in awe of what this co-op has already done. Every day I am reminded of how special the Co-op is. It is in my interactions with cashiers, my conversations with department heads, reading letters from loyal member-owners, working with the management team on tough issues, learning about inspiring opportunities, engaging with board members at committee meetings, seeing what my own team creates, and listening to my friends and peers talk about the Co-op as a community institution. In short, I LOVE my co-op.

I am very honored and humbled that so many of you have extended your congratulations and shown your support for my new role as GM.

For those of you who are new to the Co-op, or not familiar with me, I started here in 2007 as Member Linkages Director. I was hired on as a member of the management team to serve as the liaison between the board of directors and the membership. During that time, I immersed myself in the cooperative business model and its democratic structure. In 2011 I absorbed marketing and membership into my responsibilities and became the Marketing & Membership Director (there is no longer a Member Linkages Director position). Since then I have been working to restructure the Marketing & Membership Department to better serve our membership, board, retail departments, promotions, advertising, outreach, education, community and sustainability needs.

I am enamored of co-ops and what they

I know you love your co-op too and that you shop here because you believe in something bigger than just a grocery store. You shop here because the Co-op is a great employer, supports local organic farmers, gives back to the community and promotes environmental responsibility. By shopping here, you get to say that you have contributed, and you have. Because of your loyal support, we can honestly say the Co-op is the Best Grocery Store in Humboldt County!

Please join me in thanking Ron Sharp for his eight months of service as Interim General Manager. Stepping into that position, as well as keeping the Merchandising Department and Ten Pin Warehouse operation moving, was a great service to the Co-op. Thanks also go to Alisha Hammer for filling in as Interim Merchandising Manager and Alicia Sexauer for filling in as Assistant Merchandiser.

We have a great team here at the Co-op and I look forward to seeing what we can accomplish together!

We ♥ our members giveaway!

Win all this!



We love all of our local products, and what better way to start your day than with an all local breakfast? One lucky member-owner will win everything you need for a tasty breakfast, including local eggs, house-made sausages, house-made breads, granola, tortillas, coffee, tea, and more! And don't worry, we'll have plenty of local produce to tie it all together. Need something on the go? The winner can grab breakfast from our Deli, and a hot beverage from our Bakery, on us!

Enter at Customer Service in either location by Sept. 30

43rd Annual Membership Meeting We Own It!

**October 22 3-6pm
at
Azalea Hall in Mckinleyville**

RSVP to stores or membership@northcoast.coop
by October 16 Free

Festivities include:

- | | |
|------------------------|--------------------------|
| Bylaws Q&A | New Proposed Membership |
| Meet the Candidates | Policy Q&A |
| Introduction of the GM | Baked Potato Bar |
| Sustainability Efforts | SCRAP Humboldt Kids area |



Apply for a Co-op Community Fund Grant

The Co-op Community Fund's grant cycle starts September 1 with guidelines available online at: northcoast.coop/good_stuff_we_do/cooperative_community_fund/. Local area non-profits that have projects focused on the following areas are highly encouraged to apply:

- Sustainable Agriculture
- Food Security (defined as access to a safe supply of quality food to all aspects of a community)
- Food Nutrition and Education

Grants will range from \$500-\$2,000 with exceptions possible on a case-by-case basis. Applications are due November 1st. Last year the Co-op Community Fund awarded \$18,900 to 21 non-profits for their projects.

For more information, contact Bella Waters at (707) 822-5947 ext 234 or bellawaters@northcoast.coop

Feedback Wanted on Proposed Long-Term Transition to Single-Person Memberships



Colin Fiske

Policies & Procedures
Committee Chair

and **Mary Ella Anderson**
Procedures & Procedures
Committee Member

Why does it matter how many people are listed on a membership?

In a co-op, memberships are like citizenships. It is critical for a functioning cooperative democracy that each membership has the same rights, including the right to exactly one vote in co-op elections. At North Coast Co-op, however, there is a long history of allowing two or more member-owners to be listed on a single membership. If more than one member-owner listed on one of these memberships votes in a Co-op election, each has less than a full vote counted. Over a year ago, the Policies & Procedures Committee (PPC) began discussing this and other complications that arise when multiple-person memberships attempt to exercise their right to vote in Co-op elections.

California law and the Co-op's current bylaws require that when more than one individual on a multiple-person membership votes in an election, the majority of those voting determines how the membership's vote is cast. At best, this means that such member-owners do not have the right to a full vote, as those with single-person memberships do. At worst, it means that their votes may not be counted at all. As most multiple-person membership have two listed members, if they vote in different ways, there is no majority vote to count; in

essence, they cancel each other out.

Other problems also arise from having more than one member-owner listed on a single membership. Most notably, the Co-op is inappropriately forced to decide which member-owner receives patronage refunds and dividend checks and which one can make decisions about the membership.

How do we deal with the issues that arise from multiple-person memberships?

One option to address the problems identified above would be to revise the bylaws and board policies to formally designate one person on each multiple-person membership as the only one with various rights and responsibilities of membership, such as voting. The PPC considered this solution, but rejected it because it would be fundamentally unfair to other member-owners listed on the membership.

In the end, the PPC decided that the best way to ensure that all of the Co-op's member-owners have equal rights and responsibilities, as demanded by fundamental fairness and cooperative values, is to transition to single-person memberships. However, we also recognized that it would not be fair to force individuals currently listed on multiple-person memberships to buy new memberships, given that various membership applications used by the Co-op over the years have explicitly allowed the listing of multiple individuals.

What is the PPC proposing?

The PPC has proposed to the board a policy which would allow current multiple-person memberships to retain their arrangements, but would require that all new memberships be limited to a single individual member-owner. Over a long period of time, this would result in an effective transition to single-person memberships. Here's exactly what the proposed policy says:

Following board approval of this policy, any new membership shall be owned by one natural person or by one organization and no existing memberships may add any additional member-owners with full rights of membership. Any member-owner may,

at any time, add or remove one individual as a "household shopper".

The household shopper is permitted to patronize the cooperative on behalf of the member-owner. The household shopper is not a member-owner and has no claim of ownership or associated rights to the membership.

Individuals on existing memberships owned by more than one natural person shall be encouraged but not required to purchase individual memberships.

Below are some possible arguments in favor of the policy and against it. We encourage you to read the policy, consider the arguments, and decide what you think.

Arguments in Favor

- ✓ Single-person memberships will ensure that every member-owner has the same rights and responsibilities, including the right to a full vote in Co-op elections.
- ✓ Single-person memberships will ensure that the Co-op isn't forced to unfairly designate one member-owner over another for various rights of membership, or to arbitrate disagreements among member-owners on the same membership.
- ✓ A long-term transition to single-person memberships supports democracy and equality of ownership rights at the Co-op.
- ✓ The proposed policy will preserve some of the convenience of multiple-person memberships. If a multiple-person household wishes to use only one membership number, one person will be able to join and then designate an additional "household shopper" to shop on their behalf.
- ✓ The proposed policy is fair to existing member-owners, as it will not force individuals on multiple-person memberships to transition if they don't want to.
- ✓ Single-person memberships will simplify the administration of the membership system reducing the burden upon the Co-op staff.
- ✓ Single-person memberships give the members clarity as to the ownership and control of their investments in the Co-op and the disposition of those assets in the

event of death, termination of membership or other life-changing events.

Arguments Against

- ✗ The current system of multiple-person memberships may not be perfect, but the Co-op is making it work just fine. There's no reason to change it now.
- ✗ There are other ways to address the problems arising from multiple-person memberships—for example, designating one person on each membership to administer the rights and responsibilities of the membership.
- ✗ Some people live in multiple-person households and shop collectively. Multiple-person memberships simply reflect the reality of how member-owners live.
- ✗ The proposed policy would result in a long transition from multiple-person memberships to single-person memberships. In the meantime, there would be effectively two classes of membership—those allowed to list more than one member-owner, and those not allowed. This would be unfair.

How can I let the board know what I think about the proposed policy?

This proposed policy does not require a revision to the bylaws, and therefore does not require a vote of the membership. However, the board feels strongly that the Co-op's member-owners should have extensive opportunities to provide input before the board considers adoption of the policy.

If you have an opinion about the proposed new membership policy, we invite you to write a letter to the board and email to board@northcoast.coop or mail to ATTN: Membership 811 I Street Arcata, CA 95521. You can also come to an upcoming board meeting to speak to the board in person. Finally, there will be an opportunity to discuss the proposed policy at the Annual Membership Meeting on October 22. The board will be considering all the comments it receives from member-owners before deciding whether or not to adopt the PPC's proposed policy.

SAVE THE DATE

Volunteer for Coastal Cleanup!

Coastal Cleanup Day 2016 takes place on Saturday, September 17 from 9am to noon

North Coast Co-op will have a cleanup crew at the Mad River Slough at HWY 255/Samoa Blvd.

Join the Co-op cleanup crew for a morning of cooperative work! It's a fun time!
Sandwiches from the Deli will be provided. Meet in front of the Arcata store at 8:45am
to fill out sandwich orders. The sandwiches will be ready for pick up after the cleanup.

Mark your calendars now!

Contact Brenda Harper at (707) 498-0761 or brendainarcata@gmail.com for more information.



By Ellie Christensen, Outreach Assistant

Cauliflower Salad

Featuring Cauliflower from Organic Matters Ranch

Cauliflower, a relative to both broccoli and kale, is a great cruciferous veggie perfect for adding to soups, mashes and savory baked dishes. In this recipe, cauliflower's raw, crisp, bright flavors are showcased with the help of some tangy dressing, pear and a little bitter radicchio. The combination of sweet and savory is sure to keep you craving this dish all the way into December. Toss in some toasted chickpeas for a protein punch and you have lunch or dinner ready to serve.

Salad Ingredients:

- 1 head of cauliflower, core removed and cut into medium sized florets (consider using a few different colors and eat the rainbow)
- 1 small head of radicchio, core removed and cut into strips lengthwise
- 1 pear, cut into matchstick size pieces
- 4 celery stalks, cut in thin diagonals
- 1 Tablespoon, each, fresh chives, parsley and celery leaves, coarsely chopped
- Pecans (optional)

Dressing Ingredients:

- 2 teaspoons stone-ground mustard
- 1/3 cup light olive or grape seed oil
- 1 lemon, zested directly onto salad, and juiced to mix with oil and mustard
- Salt and pepper to taste



Photos by Alenya Felts

Directions for assembly

1. Toss cauliflower, radicchio, pear, celery and mixed herbs in a large bowl.
2. Zest lemon directly onto veggies and pear in large bowl.
3. Juice lemon into a small bowl and whisk in mustard, oil, salt and pepper.
4. Toss together and enjoy!

Member Survey

Win a \$25 gift card!

Q: Given the proposed policy to transition to single-person memberships on **p.5**, what questions or concerns do you have?



Member Name: _____

Phone #: _____

Member #: _____

Detach this entry form and return it to the Member Survey box located near Customer Service at either store location. Be sure to include your name, contact information, and member number so that we can contact you if your entry is drawn. You can also send your ideas to co-opnews@northcoast.coop with "Member Survey" in the subject line. Must be a member to enter. Co-op employees and their families are not eligible to win. **DEADLINE TO ENTER: SEPTEMBER 30**

Join Us for Our **BIG IDEAS** Gathering!

The new Big Ideas Gathering (BIG) is an attempt by the Board to focus on the big picture. While the Board has plenty of day-to-day tasks to ensure good organizational governance, we think it's important to take a step back periodically and assess how well the Co-op is living up to the cooperative principles and values, and to our commitment to the "triple bottom line" of social, environmental and financial well-being. The BIG will be an informal quarterly meeting to reflect on these topics, as well as to discuss any "big ideas" for the Co-op which might not get due consideration through normal board and management processes. All member-owners are welcome to join the Board for our next BIG meeting on Thursday, September 15 at 6pm in the Ten Pin Building at 793 K Street in Arcata.

Thurs, Sept 15 • 6-9pm
Ten Pin Building • 793 K Street, Arcata



Wellness Wednesday

10% OFF

bath & body,
supplements,
skin care



***Wellness Wednesday is the first
Wednesday of every Month**



Co-op News Reference Guide

Board of Directors Activities

Co-op member-owners are invited to attend board and committee meetings. Find meeting agendas and minutes at http://northcoast.coop/about_us/board/

Board of Directors Meetings

All meetings below are held at the Ten Pin Building—793 K Street, Arcata—unless noted otherwise

Sept 1 • 6-8pm

Oct 6 • 6-8pm

Nov 3 • 6-8pm

Member Action Committee Meeting

Sept 14 • 6-7pm Mezzanine

Guest Speaker Patty Clary from Californians for Alternatives to Toxics (CATs) will be presenting on chemical sensitivity.

Earth Action Committee Meeting

Sept 20 • 5:30-7pm Mezzanine

Policies & Procedures Committee Meeting

Sept 21 • 4-6pm Conference Room

Annual Membership Meeting

Oct 22 • 3-6pm Azalea Hall, 1620 Pickett Rd, McKinleyville. See p.4.

Co-op Hosted Events

Sept 1 • Co-op Community Fund applications available. Granting guidelines available online http://northcoast.coop/good_stuff_we_do/cooperative_community_fund/. Grant proposals are due November 1st

Sept 9 • Candidate Forum and Film Showing *Food for Change: The Story of Cooperation in America*. Bring your camping chairs and help us make this a waste-free event by bring your own cups and bowls. See p.1.

Sept 15 • Big Idea Gathering (BIG). See ad above.

Oct 22 • Annual Membership Meeting. Reserve your tickets at Customer Service or by emailing membership@northcoast.coop by October 16. See p.4.

Co-op Sponsored Events

September is Local Food Month. Humboldt Local Food Month is celebrated every September with events such as farm tours, movies, dinners, crop mobs, galas, classes, and much more! Join others in the Eat Local Challenge and register at Customer Service in Arcata or Eureka. More information at <http://www.localfoodmonth.org/>

Sept 5 | Block Party. This annual fundraiser is for the Arcata-Camoapa Sister City Project. This free family friendly event includes: live music, cold drinks, food, face-painting, plus a raffle and silent auction. More information at <https://www.facebook.com/sistercityproject/>

Sept 17 Northcoast Environmental Center Coastal Cleanup Day. Join Humboldt County volunteers in removing trash and recyclables from our beaches, rivers, bay and estuaries. Be a site captain, join a team, sponsor or help spread the word. More information at <http://www.yournec.org/coastalcleanup/coastalcleanupday>. See p.5.

Co-op at Events

Sept 10 • Corks, Forks & Kegs, a McKinleyville Chamber of Commerce fundraiser. A beer and wine walk with food pairings through McKinleyville. Look for the Co-op, we'll be offering our house-made Twice Baked Potato Salad with Bacon. More information at <http://mckinleyvillechamber.com/>

Deadlines & Reminders

Sept 30 Member Surveys due (see p. 6)

Sept 30 We Love Our Members Giveaway entries due (see p. 4)

Oct 16 Reservations for Annual Membership Meeting due (see p. 4)

Election Timeline

Sept 9 Candidate Forum. See p.1

Oct 3 General Election voting begins

Oct 22 Annual Membership Meeting—Meet & Greet with the Candidates and Proposed Bylaws Q&A

Oct 26 General Election voting ends at 9pm

Oct 28 Elected candidates are notified

Nov 1 New director terms begin

